

The book was found

Why Can't My Child Stop Eating?: A Guide To Helping Your Child Overcome Emotional Overeating



WHY CAN'T MY CHILD
S T O P
EATING?

A GUIDE TO HELPING YOUR CHILD
OVERCOME EMOTIONAL OVEREATING



DEBBIE DANOWSKI, PHD



Synopsis

Help for parents that tackles the real causes of childhood obesity and offers practical solutions. *Why Can't My Child Stop Eating* examines the emotional roots of overeating and addresses the social, emotional, and physical problems of these children and their families. With the ever-growing childhood obesity problem, the audience for this book continues to develop. *Why Can't My Child Stop Eating?* provides parents with specific activities to assist in addressing and healing the emotional aspects of obesity. Currently there is no book on the market that provides assistance in coping with the emotional issues of obesity that offers an emotional recovery plan for children. Debbie Danowski, PhD, is co-author of the previously published *Why Can't I Stop Eating?* (Hazelden Publishing, 2000), in which she outlined her personal physical, emotional, and spiritual food addiction recovery program that resulted in her losing more than 150 pounds over seventeen years ago. She is a regular guest on both national and international radio programs. *Why Can't I Stop Eating?* was Hazelden's best-selling trade book in the summer of 2000. The book is currently in its third printing.

Book Information

File Size: 597 KB

Print Length: 169 pages

Page Numbers Source ISBN: 1937612279

Publisher: Central Recovery Press (May 31, 2013)

Publication Date: May 31, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00CR6MS14

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,420,418 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45

inÂ Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #72 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Teen Health #251 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Mental Health > Eating Disorders

[Download to continue reading...](#)

Overeating: How To Overcome Overeating, Food Addiction And Control Your Eating..11 simple and Easy Steps To Overcome Overeating! (Emotional Eating, Food ... Binge. Will Power, Mindful Eating, Craving) Why Can't My Child Stop Eating?: A Guide to Helping Your Child Overcome Emotional Overeating Change Your Habits Change Your Life: Break Your Bad Habits, Break Your Addictions And Live A Better Life (Change Your Life, Stop Smoking, Stop Drinking, Stop Gambling, Stop Overeating) Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book How to Have Your Cake and Your Skinny Jeans Too: Stop Binge Eating, Overeating and Dieting For Good Get the Naturally Thin Body You Crave From the Inside Out (Binge Eating Solution Book 1) Why Can't My Child Behave?: Why Can't She Cope? Why Can't He Learn? The Feingold Diet updated for today's busy families How to Have Your Cake and Your Skinny Jeans Too: Stop Binge Eating, Overeating and Dieting For Good, Get the Naturally Thin Body You Crave From the Inside Out Emotional Intelligence: A Practical Guide For Emotional Skills And Interpersonal Communication (Emotional Intelligence, Emotional Skills, Interpersonal Emotions, Mindfulness) Stop Hiding Behind Your Weight: Train Your Brain to Stop Emotional Eating with Self-Hypnosis, Meditation and Affirmations Why Do Christians Shoot Their Wounded?: Helping (Not Hurting) Those with Emotional Difficulties (Not Hurting Those With Emotional Difficulties) The Binge Eating and Compulsive Overeating Workbook: An Integrated Approach to Overcoming Disordered Eating (The New Harbinger Whole-Body Healing Series) Emotional Eating Books: 10 steps to control emotional eating & lose weight (NLP) Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) Social Anxiety: Overcome Shyness, Anxiety, Introvert, Low Self Esteem & How To be Confident ((BONUS Inside)Overcome Any Fear, Feel Confident, Strong, Overcome Shyness) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating How to Stop Being Insecure: Learn How to Overcome Emotional and Relationship Insecurity Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety Overcoming Binge Eating, Second Edition: The Proven Program to Learn Why You Binge and How You Can Stop Healing Your Emotional Self: A Powerful Program to Help You Raise Your Self-Esteem, Quiet Your Inner Critic, and Overcome Your Shame

